



New Drivers Welcome/Information Pack SEK

Welcome to SEK, we hope you have heaps of fun, learn lots about endurance karting and make some friends along the way.

Below is a list of things to help you come prepared and help make your first race run smoothly

*Helmet-Check your helmet is in good condition and in date (if expired you cannot use it). You can find the current specifications on page 31 of the SEK Rule book. The Rule book is published on the SEK website under the Rules and Regulations tab.

*Race -Suit & Gloves- Check these are both in good condition with no holes, no tears etc. Check all your Velcro straps still hold.

*Race Boots-Please ensure these cover your ankles fully and are in good condition with no holes.

Good general rule once you have your Helmet, Race Suit, Gloves & Race Boots on, there should be no bare skin showing. Check this by sitting in your kart with all your race gear on as race suits ride up when you sit in your kart.

*If you have long hair ensure it is tied up and not hanging out the back of your helmet-this is a safety issue.

Please note your Helmet, Race Suit, Gloves & Race boots are all required to be taken to scrutineering to be inspected.

*Flags/Lights-(On the track) make yourself familiar with the safety lights , the lights are located around the track and at the start/finish line. This is where we relay important safety information to the drivers on the track. You must always obey these and not ignore them. Details of the flags means are on page 32 of the SEK rule book.

*If you are a New Karter, you will need a "P" plate sticker placed on the rear of your helmet or you can use RED tape on a white background. If all the drivers in a Kart are new, you can display a P plate on the kart.

If you require weight to be added to your kart to meet the minimum requirement, be sure to have this sorted before race day. Ensure it is secured correctly as per the SEK rule book page 12.

We hold a New Driver Drivers Briefing at every SEK event. Please check the schedule of the approved regulations for the meeting and ensure you attend, as during this briefing we will explain the safety kart procedure, fuel bay procedure, weigh in procedure and pit stop requirements.

If you are at the track early make sure you do a track walk and familiarise yourself with the track.

Our officials are there to keep you safe and informed. We ask that you follow the instructions given by the officials.

We understand that you are new and may not understand all the rules so we do encourage you to ask the officials if you are unclear or have any concerns.

We also ask that you respect our officials as they have a responsibility to keep all of us safe.

Knowledge is everything so make sure you take the time to read the rule book.

[RULES & REGULATIONS | SEK Enduro Karting](#)

If you have any questions before Race Day, please reach out to the SEK committee as they are here to help everyone.

We look forward to seeing you on the track!